## **Coaching Session Agenda**

## **Client Name:**

(\*Describe each element, its purpose, and an approximate length of time)

| Agenda Item        | Time (00:00 to 00:00, x minutes) |
|--------------------|----------------------------------|
| Greetings          |                                  |
| Element 1          |                                  |
| Element 2          |                                  |
| Element 3          |                                  |
| Element 4          |                                  |
| Element 5          |                                  |
| Wrap-up/Next Steps |                                  |

<sup>\*</sup>Your session agenda doesn't need 5 elements; keep blank or X out those you don't use

